



# 'tis the festive season



## sip & savor the season

Advanced reservations strongly encouraged

### DEC 24, CHRISTMAS EVE DINNER

Three-course pre-fixe dinner and a la carte menu upon request  
1 Kitchen, 5:30pm-9pm

### DEC 25, CHRISTMAS DAY

Breakfast extended hours  
1 Kitchen, 6am-12pm

Dinner buffet  
1 Kitchen, 3pm-9pm

### DEC 31, ALOHA 2025

Breakfast extended hours  
1 Kitchen, 6am-12pm

Dinner buffet, live music, and keiki section  
1 Kitchen, 5:30pm-10pm

Live music and champagne toast countdown  
Welina Terrace, 4pm-1am

Keiki countdown for the early birds  
The Sandbox, 8pm

### JAN 1, NEW YEAR'S DAY

Breakfast extended hours  
1 Kitchen, 6am-1pm

## festival of lights

Each evening, we invite guests to gather for a beautiful menorah lighting ceremony. As we light the candles, share blessings, and reflect on the significance of this cherished tradition, connect with fellow guests, and create lasting memories in a welcoming atmosphere.

December 25 - January 2



## trunk shows

Embrace the spirit of giving and discover a curated selection of local Hawaii-based vendors at our exclusive pop-ups and trunk shows, featuring unique gifts.

Goodthings & Bamford Wellness Spa  
Daily, 10am-2pm

## spa services

### B SILENT NIGHT COUPLES EXPERIENCE 80 MINUTES

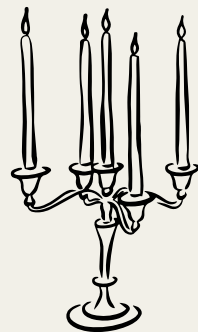
The ultimate deep relaxation gift to experience together consisting of a footbath, back massage, assisted stretches, Shiatsu techniques, and temple balm to enhance sleep and relieve stress.  
Reserve with Concierge

### HOLIDAY HARMONY HONEY FACIAL 80 MINUTES

Revitalize your skin with tulsii, honey, and kukui nut oil, smoothing fine lines, reducing inflammation, and leaving a radiant, deeply hydrated glow.  
Reserve with Concierge

### VITALITY KAUAI

Receive a complimentary B12 shot with any 80 minute or longer Bamford Wellness Spa service or receive a complimentary wellness consultation with any IV.  
Daily, 9am-5pm



## audi excursions

DRIVE SUSTAINABLY  
FORWARD WITH THE OFFICIAL  
VEHICLE OF 1 HOTELS

### TEST DRIVE

During your stay, explore the natural beauty of Kaua'i with a two-hour test drive in a fully electric Audi e-tron.  
By Appointment, Reserve with Concierge

### EXCURSIONS

Limahuli Garden & Preserve  
Anaina Hou Community Park  
Lydgate Farms Chocolate Tour  
By Appointment, Reserve with Concierge

### HOUSE CAR

The house Audi e-tron is available on a first-come, first-served basis from the hotel entrance for drop-off service in the Princeville area.  
Wednesday-Sunday, 9am-5pm

## mālama · give back

### GIVE BACK TO THE COMMUNITY THROUGH PASSION AND PURPOSE

#### WAI PĀ FOUNDATION FOOD & FARM TOURS

Tues, Weds & Thurs  
In-depth experience of the Hawaiian cultural relationship between people, food, and 'āina (natural resources). Topics vary.  
Learn more [waipafoundation.org/food-and-farm-tours](http://waipafoundation.org/food-and-farm-tours)

#### SURFRIDER KAUAI NET PATROL AND BEACH CLEANUPS

Days and locations vary  
Learn more [kauai.surfrider.org/events](http://kauai.surfrider.org/events)  
For details call 808.635.2593

#### FIELD TRIP FOR SHELTER DOGS

By Reservation  
Share the love with pups who need it most. Visit [kauaihumane.org/service/field-trips](http://kauaihumane.org/service/field-trips) to reserve your date.

#### WE CARE KAUAI

Select from wildlife protection programs, coastal cleanups, trail and fishpond restorations, and taro patch remediation. Learn more via [WeCareKauai.org](http://WeCareKauai.org)

#### PLEDGE FOR OUR KEIKI

Sign the pledge, a commitment to respect, care, and protect Hawai'i. Browse our initiatives on [KanuHawaii.org](http://KanuHawaii.org)

#### 4OCEAN SELF-GUIDED MARINE DEBRIS CLEAN-UP

Leave things better than you found them as you explore Kaua'i's beautiful beaches. Ocean bags for marine debris pick-up available at Porte Cochère.

To reserve excursions  
and activities,  
visit concierge or call  
808.826.9644

## huaka'i adventures

### GUIDED & SELF-GUIDED EXPERIENCES

STAND UP PADDLE BOARDS  
BODYBOARDS  
SNORKELING  
RIVER KAYAKING  
OUTRIGGER CANOE TOURS

Beach Activities Hale, Honoiki Beach  
\*Excursions and rentals are weather and surf permitting

### CRUISER BIKES

First-come first-served basis  
Valet Desk, Porte Cochère,  
Daily, 9am-4pm

## golf & tennis club

### DRIVING RANGE

Makai Golf Course  
Daily, 7am-4pm

### 9 or 18 HOLES AT PRINCEVILLE MAKAI

Daily tee times 8:05am-3:25pm

### SUNSET TOUR

Monday-Friday,  
Sunset time varies

### PICKLEBALL

Drop-ins Mon, Wed, Fri 9am  
(beginners only), 3pm (all levels); Tue & Thur, 3pm (all levels) or courts available by reservation

### TENNIS

Daily, 8am-4pm, courts available by reservation

### DISC GOLF

Daily, 8:30am-5pm,  
by reservation

## photography

### CORAL PHOTOGRAPHY

Daily, By Appointment  
Stop by 4th floor or email  
[1hk@coralphotography.com](mailto:1hk@coralphotography.com) to book your session.

## kaua'i's premier activites

### HELICOPTER TOURS

Experienced pilots unveil Kaua'i's hidden wonders on this awe-inspiring aerial adventure.

### LŪ'AU

Experience captivating hula dances, lively music, thrilling fire-knife performances, and an authentic feast of Hawaiian flavors.

### CATAMARAN SNORKEL

Encounter dolphins, sea turtles, and tropical fish on this unforgettable day cruise.

### SUNSET SAIL

Choose between a leisurely sunset sail on Kaua'i's south shore or indulge in a delectable dinner cruise featuring breathtaking views of the majestic Nāpali Coast.

### ISLAND TOUR

Let local guides take the wheel as you explore Kaua'i's diverse beauty. View iconic locations such as Spouting Horn, Waimea Canyon, and Fern Grotto.

### NĀPALI COAST RAFTING ADVENTURE

On a high-speed raft tour, discover hidden sea caves and cruise alongside dolphins.

### KAYAKING

Paddle along the gentle waters of the Wailua River. Learn legends and discover Kaua'i's diverse flora and fauna from expert local guides.

### ATV ADVENTURE

Explore stunning ocean vistas and thrilling off-road trails on a guided ATV tour of Kaua'i's captivating terrain.

### FISHING

Cast your line from a local deep-sea fishing charter & experience the thrill as you reel in prized catches, including Marlin, Ono, Ahi & more.

### ZIPLINE ADVENTURE

Embark on a thrilling zipline adventure as you soar across tropical treetops, tumbling waterfalls, lush valleys, and even famous movie sites.

### SURFING

Paddle out and learn the Hawaiian art of surfing. Seasoned instructors provide group or private lessons.

### BOTANICAL GARDENS

Experience an oasis of biodiversity as you wander through lush gardens at one of Kaua'i's stunning botanical gardens.

### COMMON GROUND FOOD FOREST & DINNER EVENT

Explore regenerative farming with a working food forest followed by a plant-based dinner experience.

# 1

HOTEL

hanalei bay

# guiding your stay festive season



1HOTELS.COM/HANALEI-BAY

@1HOTEL.HANALEIBAY

# festive season • december 22 - january 5

Welina mai me ke aloha! Our Daylife offerings are designed to immerse you in all the elements that make us who we are, focused on conscious living in harmony with our natural world.

## SEEDLINGS aloha camp



Our licensed camp for children ages 6-12 years old is a hub of imagination and discovery, creating an environment where kids can simply be kids.

Seedlings Basecamp  
10am-1pm  
December 24 - 27 & 30-31  
January 1 & 3



RESERVATIONS REQUIRED FOR AGES 6-12

### aloha hours

Open play for children with parent/guardian supervision.

Seedlings Basecamp  
Thursdays, 2pm-3:30pm  
\*Unavailable January 2

### activities

**'OHANA MARINE LIFE MAGIC**   
An engaging and wondrous walk through our local tide pools.  
Seedlings Basecamp,  
8:30am-9:30am  
December 24, 25, 30, 31,  
January 1

**'OHANA MOVES**   
Get the whole family moving and grooving with a fun-filled workout.  
Hala, 1pm-1:50pm, Age 5+  
December 23, 26, 28, 30,  
January 2, 4

**'OHANA LEI MAKING**   
Learn a new craft and the cultural tradition behind it.  
Kaulu Hale, 2:30pm-3:30pm  
December 24, 25, 27, 30, 31,  
January 1, 3

**'OHANA NATURE WALK**   
Stroll amidst lush foliage and gentle ocean breezes.  
Seedlings Basecamp, 8:30am-9:30am  
December 26 - 27  
January 3

### by day

**'OHANA ACTIVITY ROOM**   
Indoor fun with games and activities. Visit concierge for details.  
10th Floor Daily, 9am-5pm

**KAUAI FARMACY ADAPTOGEN BAR**  
Welina Terrace, Thur-Sun,  
9:00am-1:30pm

### by night

**KAUAI'S MUSIC SCENE**  
The Sandbox  
Nightly, 5:30pm-8:30pm

Welina Terrace  
Thursday-Saturday, 5pm-8pm

**S'MORES UNDER THE STARS**   
The Sandbox, 6pm - 8pm  
December 26-31

### for the young & young at heart

**ORNAMENT DECORATING**   
Kolea, 10am-12pm, Age 8+, December 22, 23

**GINGERBREAD HALE**   
Kolea, 10am-12pm, December 24

**COOKIE DECORATING**   
Kolea, 2pm-4pm, December 21, 28

**A VISIT FROM SANTA CLAUS**   
Kamani Cove, 10am, December 23

**BUBBLES & BEATS POOLSIDE PARTY**   
Main Pool, 12pm-4pm, December 30



### monday

**SUNRISE FLOW**  
Smooth, flowing morning asanas.  
Meet at Anatomy, 6:55am-7:50am

**CORAL REEF TALK**   
Intro to caring for our reef & sea creatures.  
Beach Activities Hale, 8:30am-9am

**1 BOX**   
Intense cardio boxing workout.  
Meet at Anatomy, 8:30am-9:20am

**GUIDED HIKE BEGINNER**   
Trek alongside a local guide through the lush tapestry of Kaula'i's tropical wonderland.  
Porte Cochere, 8:45am-12pm  
\*Responsible for own transportation

**HULA, HAWAIIAN DANCE**  
Embody the island's cultural dance.  
Kaulu Hale, Ages 8+, 9am-10am,  
\*Available 12/30

**1 CORE**  
Build deep core strength and spinal stability through mindful movement and breath work.  
Hala, 10am-10:50am, \*Available 12/23

**LAU HALA BRACELET WEAVING**   
Traditional weaving of Pandanus leaves into wearable art.  
Kaulu Hale, Ages 8+, 10:30am-11:30am,  
\*Available 12/30

**HOT PILATES**   
Heated mat-based class concentrated on control and flow.  
Hala, 11:30am-12:20pm

**ULTIMATE FIT**   
Cardio-vascular endurance, agility, and muscular strength training from gym to beach.  
Meet at Anatomy, 11:30am-12:50pm,  
\*Available 12/30

**ART OF KONANE**   
A great game for families who love a good challenge and the thrill of strategy!  
Neighbors, 2pm-4pm,  
\*Available 12/30, no reservation required.

**COOKING CLASS: POKE**   
Dive into the flavors and techniques of Hawai'i's beloved poke bowl.  
Kukui, Ages 10+, 3pm-4pm

**THE PERFECT MAI TAI**   
Master the mixology secrets of this tropical cocktail.  
1 Kitchen, 3pm-4pm, Age 21+

**GLUTE CAMP**  
Leg workout for strength and definition.  
Hala, 3:30pm-4:20pm

### tuesday

**SUNRISE FLOW**  
Smooth, flowing morning asanas.  
Meet at Anatomy, 6:55am-7:50am

**SOUL SWEAT**  
Heated conscious bootcamp-style workout.  
Hala, 8:30am-9:20am

**PRINCEVILLE JINGLE WALK WITH GM**   
Join Nicholas Gold, our General Manager, for a spirited powerwalk.  
Porte Cochere, 9am-10am, \*Available 12/24

**1 INTEGRATE**   
Stability, mobility, and proprioception training using mini waffs.  
Hala, 10am-10:50am, \*Available 12/24

**METABOLIC MELTDOWN**   
Plyometric training for maximum calorie burn.  
Anatomy, 11:30am-12:20pm

**AWAKEN AND EMPOWER**   
Strength training, boxing, Vinyasa yoga to feel alive & alert.  
Anatomy, 1:30pm-2:50pm, \*Available 12/31

**MYOFASCIAL RELEASE**   
Foam roller techniques to ease pain, relax muscles, and boost circulation.  
Hala, 3:30pm-4:20pm

**SUNSET GOLF CART TOUR**   
Beautiful views, stories of the land and ocean, and stunning sunset location at final stop.  
Princeville Makai Course, 4:15pm-Sunset

#### RESERVATIONS REQUIRED PLEASE SCAN QR CODE TO RESERVE



These popular offerings fill up fast, so please secure your reservations early; walk-ins can only be accommodated when space permits. While all offerings are subject to change or are condition-contingent, we can recommend many alternatives — rain, shine or rainbows!

### wednesday

**SUNRISE FLOW**  
Smooth, flowing morning asanas.  
Meet at Anatomy, 6:55am-7:50am

**CORAL REEF TALK**   
Brief intro to caring for our reef and sea creatures.  
Beach Activities Hale, 8:30am-9am

**1 SPIN**   
A high-energy ride to invigorate both body and mind.  
Hala, 8:30am-9:20am

**GUIDED HIKE BEGINNER**   
Trek alongside a local guide through the lush tapestry of Kaula'i's tropical wonderland.  
Porte Cochere, 8:45am-12pm  
\*Responsible for own transportation

**LIGHT OF THE SEASON YOGA**   
A gentle yoga practice centered around light and connection  
Anatomy, 10am-10:50am, \*Available 12/25

**1 BOX**   
Intense cardio boxing workout.  
Meet at Anatomy, 11:30am-12:20pm

**TEQUILA + MEZCAL TASTING**   
Sample collections curated by our resident tequila expert.  
Welina Terrace, 3pm-4pm, Age 21+

**SOUL SWEAT**  
Heated conscious bootcamp-style workout.  
Hala, 3:30pm-4:20pm

**1 RESET**   
Sink into a cloud cushion while syncing to binaural beats.  
Hala, 5pm-5:50pm

**ALL AGES**   
Designed with families in mind, all ages welcome unless otherwise noted. Children must be accompanied by a parent/guardian.

**TEEN-FRIENDLY**   
Age 13+

**ADDITIONAL FEE AND NO-SHOW FEE APPLIES**   
A full no-show fee per person applies if not canceled at least 24 hours before the start of the event.

### thursday

**SUNRISE FLOW**  
Smooth, flowing morning asanas.  
Meet at Anatomy, 6:55am-7:50am

**1 BEACH**  
Beachside movement session featuring the Albizia Gym.  
Meet at Anatomy, 8:25am-9:20am

**TI-LEAF LEI MAKING**   
Hand craft this Hawaiian expression of aloha.  
Kaulu Hale, Ages 8+, 9am-10am  
\*Available 12/26

**COFFEE CURIOSITIES**   
A chat on the history of mastering the perfect cup of coffee.  
Neighbors, 10am-11am  
\*Unavailable 1/2

**PŌHAKU PAINTING**   
Discover the history of Hawaiian petroglyphs by creating rock art.  
Kaulu Hale, Ages 8+, 10:30am-11:30am  
\*Available 12/26

**COUPLE'S MASSAGE WORKSHOP**   
Learn to help your partner relax and explore new depths and dimensions of connection this season through a guided intimate hands-on class.  
Anatomy, 12/26: 11:45am-12:35pm  
Anatomy, 1/2: 10:45am-11:35pm

**KETTLEBELL FLOW**   
High intensity ballistic muscle workout.  
Anatomy, 11:30am-12:20pm

**ART OF KONANE**   
A great game for families who love a good challenge and the thrill of strategy!  
Neighbors, 2pm-4pm  
\*Available 12/26, no reservation required.

**FAMILY MIXOLOGY**   
Both mocktails and booze for all ages involved.  
Kukui, 3pm-4pm

**GLUTE CAMP**  
Leg workout for strength and definition.  
Hala, 3:30pm-4:20pm

**PAINT AND SIP**   
Watercolor workshop paired with wine.  
Kaulu Hale, 4pm-6pm

**HOT PILATES**   
Heated mat-based class concentrated on control and flow.  
Hala, 5pm-5:50pm

### friday

**SUNRISE FLOW**  
Smooth, flowing morning asanas.  
Meet at Anatomy, 6:55am-7:50am

**CORAL REEF TALK**   
Brief intro to caring for our reef and sea creatures.  
Beach Activities Hale, 8:30am-9am

**SOUL SWEAT**  
Heated conscious bootcamp-style workout.  
Hala, 8:30am-9:20am

**GUIDED HIKE BEGINNER**   
Trek alongside a local guide through the lush tapestry of Kaula'i's tropical wonderland.  
Porte Cochere, 8:45am-12pm  
\*Responsible for own transportation

**1 INTEGRATE**   
Stability, mobility, and proprioception training using mini waffs.  
Hala, 10am-10:50am, \*Available on 1/3

**PULSE & POWER**   
Combines barre and Pilates, focusing on bodyweight exercises to build strength, flexibility, and endurance.  
Hala, 11:30AM-12:20PM, \*Available 12/27

**COOKING CLASS: CEVICHE**   
Learn the art and science behind this dish with fresh and local ingredients.  
Kukui, Ages 10+, 3pm-4pm

**METABOLIC MELTDOWN**  
Plyometric training for maximum calorie burn.  
Anatomy, 3:30pm-4:20pm



### saturday

**SUNRISE FLOW**  
Smooth, flowing morning asanas.  
Meet at Anatomy, 6:55am-7:50am

**1 BEACH**  
Beachside movement session featuring the Albizia Gym.  
Meet at Anatomy, 8:25am-9:20am

**ROOTED IN NATURE MEDITATION**   
Immerse yourself in the lush surroundings of the North Shore as you are guided through an array of meditation techniques.  
Meet in Anatomy, 10am-10:50am, \*Available 12/28

**HOT YOGA**   
Heated flow, focused on smooth, effortless transitions.  
Hala, 11:30am-12:20pm

**MYOFASCIAL RELEASE**   
Foam roller techniques to ease pain, relax muscles, and boost circulation.  
Hala, 3:30pm-4:20pm

**1 RESET**   
Sink into a cloud cushion while syncing to binaural beats.  
Hala, 5pm-5:50pm

### sunday

**SUNRISE FLOW**  
Smooth, flowing morning asanas.  
Meet at Anatomy, 6:55am-7:50am

**MYOFASCIAL RELEASE**   
Foam roller techniques to ease pain, relax muscles, and boost circulation.  
Hala, 8:30am-9:20am

**METABOLIC MELTDOWN**  
Plyometric training for maximum calorie burn.  
Anatomy, 11:30am-12:20pm

**RUM & CACAO**   
Discover tasting notes from a selection of curated rum and cacao pairings.  
Kukui, 3pm-4pm, Age 21+  
\*Available 12/22, 12/29

**SOUL SWEAT**  
Heated conscious bootcamp-style workout.  
Hala, 3:30pm-4:20pm